



DEER CREEK STATE PARK

Swim Course

250y – 1 lap (Mini)

750m – 1 lap (Sprint)

1500m – 2 laps (Olympic)

1.2mi – 2 laps (Half)

Swim Course Specifics:

The **Mini swim course** takes a left at the first RED buoy, then continues past the next GREEN buoy keeping it on their left. At the GREEN buoy MINI participants will make a 180 degree turn and follow the GREEN buoys back to the finish taking a right turn at the YELLOW buoy closest to shore. The **Sprint & Olympic course** takes a left at the first YELLOW buoy and continues to follow the RED buoys keeping them on their left to the YELLOW buoy. At the YELLOW buoy Sprint & Olympic participants take a 180 degree turn and keeping the GREEN buoys on their right back to the finish. At the YELLOW buoy participants will either turn right to finish or continue on to their second lap (Olympic only). The **Half course** follows the same course as the **Sprint & Olympic course** but continues past the YELLOW buoy to the final RED buoy and then heads back to the finish to either exit or continue on the lap #2.