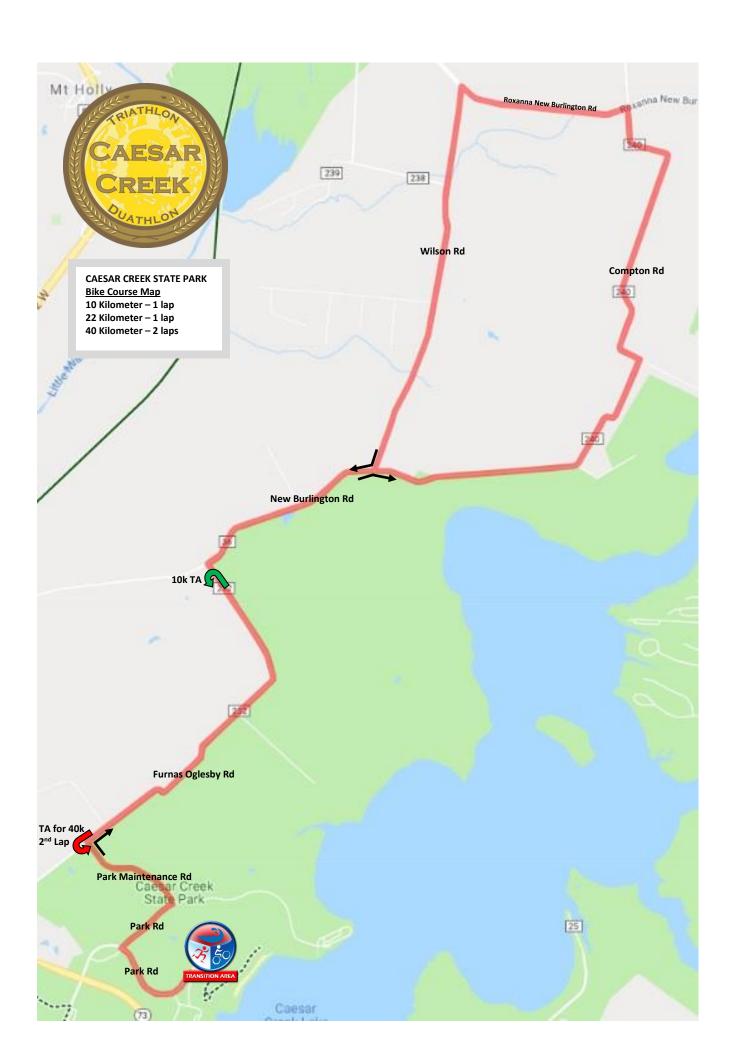


## **Swim Course Specifics:**

The **Mini swim course** takes a left at the first GREEN buoy, then continues past the next GREEN buoy keeping it on their left making a 180 degree turn and following the GREEN buoy back to the finish taking a right turn at the final RED buoy keeping the GREEN buoys on their left. The **Sprint & Olympic course** goes straight out taking a left at the second YELLOW buoy and keeping the RED cylinder buoys to their left to the triangular YELLOW buoy. At the YELLOW buoy Sprint & Olympic participants take a left turn to the next YELLOW buoy and following the RED cylinder buoys back to the finish (keeping GREEN buoys on your right) OR taking a left at the YELLOW buoy to continue on to the second lap (Olympic ONLY).







Run Course Map 2 Mile – 1 lap 5 Kilometer – 1 lap 10 Kilometer – 2 laps

